



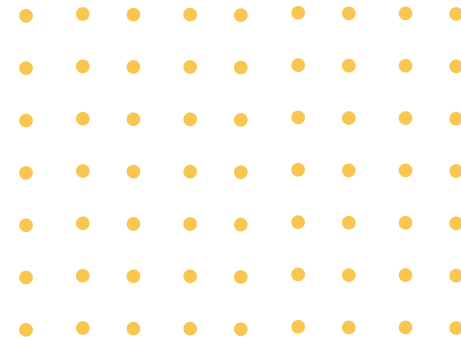
CAPTAIN

California Autism Professional
Training and Information Network



CAPTAIN San Diego

Regional Goals 2021-2022



Reflecting on Goals from 2020-2021

Region: CAPTAIN San Diego

Goal Area 1: <i>Increasing knowledge about ASD & EBPs in our community</i>	GAS Score (1-4)	What influenced/supported our <i>accomplishments</i> ?	What were <i>barriers</i> to our work?
Develop and distribute quarterly virtual newsletter that highlights a resource connected to an EBP with a brief video and success story.	1	Workgroups Mailchimp Regular meetings Template Defined roles	Checking in/reflecting on goals Didn't have a fall meeting Need to identify a lead to prompt Burnout, especially in Fall

Reflecting on Goals 2020-2021

Goal Area 2: <i>Increasing implementation and fidelity of use of identified EBPs by providers and implementers</i>	GAS Score (1-4)	What influenced our <i>accomplishments</i>?	What were <i>barriers</i> to our work?
Provide synchronous or in-person coaching sessions to at least three trainees per cadre to follow up on virtual toolbox content (using coaching fidelity checklist)	0	Authority Administrative support New staff (wanting support/coaching) Levels of motivation	Teachers not in classroom Staff burnout Cadre lacking expertise in tools for virtual learning

Reflecting on Goals 2020-2021

Goal Area 3: <i>Improve and increase collaboration between the various agencies serving and supporting individuals with ASD</i>	GAS Score (1-4)	What influenced our <i>accomplishments</i>?	What were <i>barriers</i> to our work?
Share virtual toolbox resources with at least 10 outside organizations in San Diego/Imperial Counties.	4	Information presented at resource fair 3 part training series open to multiple organizations	

REGIONAL Problem of Practice: What issues, challenge or need exists for individual with Autism that our Regional Network wants to try to address?	
<i>Current Regional Issue, Challenge or Problems of Practice</i>	Individuals with autism across the lifespan have difficulty accessing mental health supports within schools and in the community
<i>Probable Root Cause of the Problem (identify the top probable root cause)</i>	People within the system of support (family members, school personnel, mental health providers) don't have the knowledge and skills within their scope of practice to provide mental health supports to individuals with autism
<i>Change Ideas (list 1 change idea for the probable root cause)</i>	If people within the system of support have increased knowledge and skills to provide mental health supports (within their scope of practice), autistic individuals will have increased access to mental health supports.
<i>Action plan to support change idea (may need additional space to action plan)</i>	<p>Increase our own knowledge by connecting with experts in MH supports and autism</p> <p>Create a menu/Infographic on spectrum of MH supports</p> <p>Workgroup creates slides with information about common mental health challenges associated with autism</p> <p>Workgroup creates examples of how EBP can be used to target MH goals</p> <p>Workgroup creates training for simple strategies</p>
<i>Expected Outcome if change idea is an improvement</i>	People within the system of support understand common mental health challenges associated with autism, understand that mental health supports are a spectrum, and have tools and resources to provide these supports

Goal Area 1 (Collaboration): How can Cadre Collaborate to address the region's specific need, issue or challenge that relates to individual with ASD and their families

<i>Current Level of Performance Data (0)</i>	Collaboratively identified access to MH supports for autistic individuals as our regional problem of practice
<i>Initial Objective (1)</i>	Identify and access a person (or persons) with experience in both MH and autism who is an ally of the autism community.
<i>Secondary Objective (2)</i>	Develop resources (infographic, short videos, and slides) for practitioners (school based and mental health clinicians) and families based on resources from identified person(s) with experience in both MH and autism
<i>Expected level of Outcome (3)</i>	Sharing developed resources (infographic and slides) with people from at least 80% of the organizations represented in our regional cadre.
<i>Exceeds Expected Outcome (4)</i>	Sharing resources (infographic and slides) with at least 2 mental health organizations outside of our cadre.

Goal Area 2 (Dissemination): How can members of our Regional Network strategically disseminate to groups identified by the region as needing to know about ASD and EBPs/CAPTAIN

<i>Current Level of Performance Data (0)</i>	We currently do not have any established connections with schools or agencies outside of our cadre organizations
<i>Initial Objective (1)</i>	Identify a list of organizations who could benefit from information about ASD and EBPs/CAPTAIN (e.g. private schools/preschools, Parenting groups, Private practitioners (e.g., SLPs, counselors, pediatricians))
<i>Secondary Objective (2)</i>	Identify a means of sharing existing resources (e.g. email template, short video explanation, etc.)
<i>Expected level of Outcome (3)</i>	Share existing resources about ASD, CAPTAIN, and EBPs with at least 30 organizations.
<i>Exceeds Expected Outcome (4)</i>	Share existing resources about ASD, CAPTAIN, and EBPs with at least 50 organizations.